





Forward House Community Society



December 2023

SUN	MON 10:00-7:30	TUES 10:00-7:30	WED 10:00-5:00	THU 10:00-5:00	FRI 12:00-7:30	SAT 12:00-5:00
					1 OPEN AT NOON DECORATE THE HOUSE HUG Meeting: 12:30-1 Writing Circle: 1:30-2:30 Mexican Train: 3-4:30 Friday Night Fun: 5:30-7	2 Open 12-5 Lunch at 12.30
3 Closed	4 Men's Group: 12:30-1:30 Music Fun: 1:45-3:15 LGBTQ+: 3:30-4:30 Coffee House & Bingo: 5:30-7	5 Stephen's Stories: 12:15-1 Music with Rebecca: 1-2 Get Moving: 2:30-3:30 Discussion Time: 3-4 Canasta & Crib: 5:30-7	6 Meditation: 12:30-1 Christmas Baking Fun: 1:30-3 Christmas Gift making: 3-4:30	7 Relaxation: 10:30-11:30 Women's Group: 12:30-1:30 QiGong: 1:30-2:30 Christmas Gift making & Coffee House: 2:30-4:30	8 OPEN AT NOON HUG Meeting: 12:30-1 Writing Circle: 1:30-2:30 Mexican Train: 3-4:30 Friday Night Fun: 5:30-7	9 Open 12-5 Lunch at 12.30 Cookies & Carols at Parksville Community Centre 2-4
10 Closed	11 Men's Group: 12:30-1:30 Music Fun: 1:45-3:15 LGBTQ+: 3:30-4:30 Christmas Movie Night: 5:30-7	12 Stephen's Stories: 12:15-1 Music with Rebecca: 1-2 Get Moving: 2:30-4:30 Discussion Time: 3-4 Christmas Light Tours: 5:30-7	13 Meditation: 12:30-1 Christmas Baking Fun: 1:30-3 Art with Karla: 3-4:30	14 Relaxation: 10:30-11:30 Women's Group: 12:30-1:30 QiGong: 1:30-2:30 Christmas Gift making & Coffee House: 2:30-4:30	15 OPEN AT NOON HUG Meeting: 12:30-1 Writing Circle: 1:30-2:30 Mexican Train: 3-4:30 Friday Night Fun: 5:30-7	16 Open 12-5 Lunch at 12.30
17 Closed	18 Close at 5pm Men's Group: 12:30-1:30 Music Fun: 1:45-3:15 LGBTQ+: 3:30-4:30 Dinner at 4:30 Milner Gardens Trip: 5-7	19 Close at 5pm Stephen's Stories: 12:15-1 Current Affairs: 1-2 Get Moving: 2:30-4:30 Discussion Time: 3-4 Dinner at 4:30 Milner Gardens Trip: 5-7	20 Meditation: 12:30-1 Christmas Baking Fun: 1:30-3 Art with Karla: 3-4:30	21 Relaxation: 10:30-11:30 Women's Group: 12:30-1:30 QiGong: 1:30-2:30 Christmas Gift making & Coffee House: 2:30-4:30	22 OPEN AT NOON CHRISTMAS DINNER HUG Meeting: 12:30-1 Mexican Train: 2-3:30 Christmas Dinner: 4pm	23 Christmas Eve Party 12-5
24/31 Closed	25 CHRISTMAS DAY STAT 	26 BOXING DAY STAT 	27 Meditation: 12:30-1 Baking Fun: 1:30-3 Art with Karla: 3-4:30	28 Relaxation: 10:30-11:30 Women's Group: 12:30-1:30 QiGong: 1:30-2:30 Docs in the Den & Coffee House: 2:30-4	29 OPEN AT NOON HUG Meeting: 12:30-1 Writing Circle: 1:30-2:30 Mexican Train: 3-4:30 Movie & Popcorn: 5:30-7	30 New Year's Eve Party 12-5